

# Binge Drinking (Adults)

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- Most recent data (2013): 20% or about 304,200 King County adults age 18+.
- Trend over time: 2005-13: rising
- Description: Consumed 5+ drinks for men or 4+ drinks for women on one occasion

## Binge drinking (adults), King County, 2009-2013 average

	Percent	Lower CI	Upper CI
<b>King County</b> (adults age 18+)	20	19	21
<b>AGE</b>			
18-24	28	25	32
25-44	27	25	29
45-64	14	13	16
65+	4	4	5
<b>GENDER</b>			
Male	24	23	26
Female	15	14	17
<b>RACE/ETHNICITY</b>			
AIAN	17	11	26
Asian	8	6	11
Black	15	11	19
Hispanic	18	15	23
Multiple	22	16	29
NHPI	26	15	40
White	22	21	23
<b>HOUSEHOLD INCOME</b>			
<\$15,000	25	20	31
\$15,000 to \$24,999	21	18	25
\$25,000 to \$34,999	19	15	23
\$35,000 to \$49,999	19	16	23
\$50,000 to \$74,999	19	17	22
\$75,000+	21	19	22
<b>REGION</b>			
East	16	14	18
North	18	14	22
Seattle	25	23	27
South	17	16	19

### Comparisons:

- Higher than King County rate (yellow)
- Lower than King County rate (green)

### Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 01/2015.

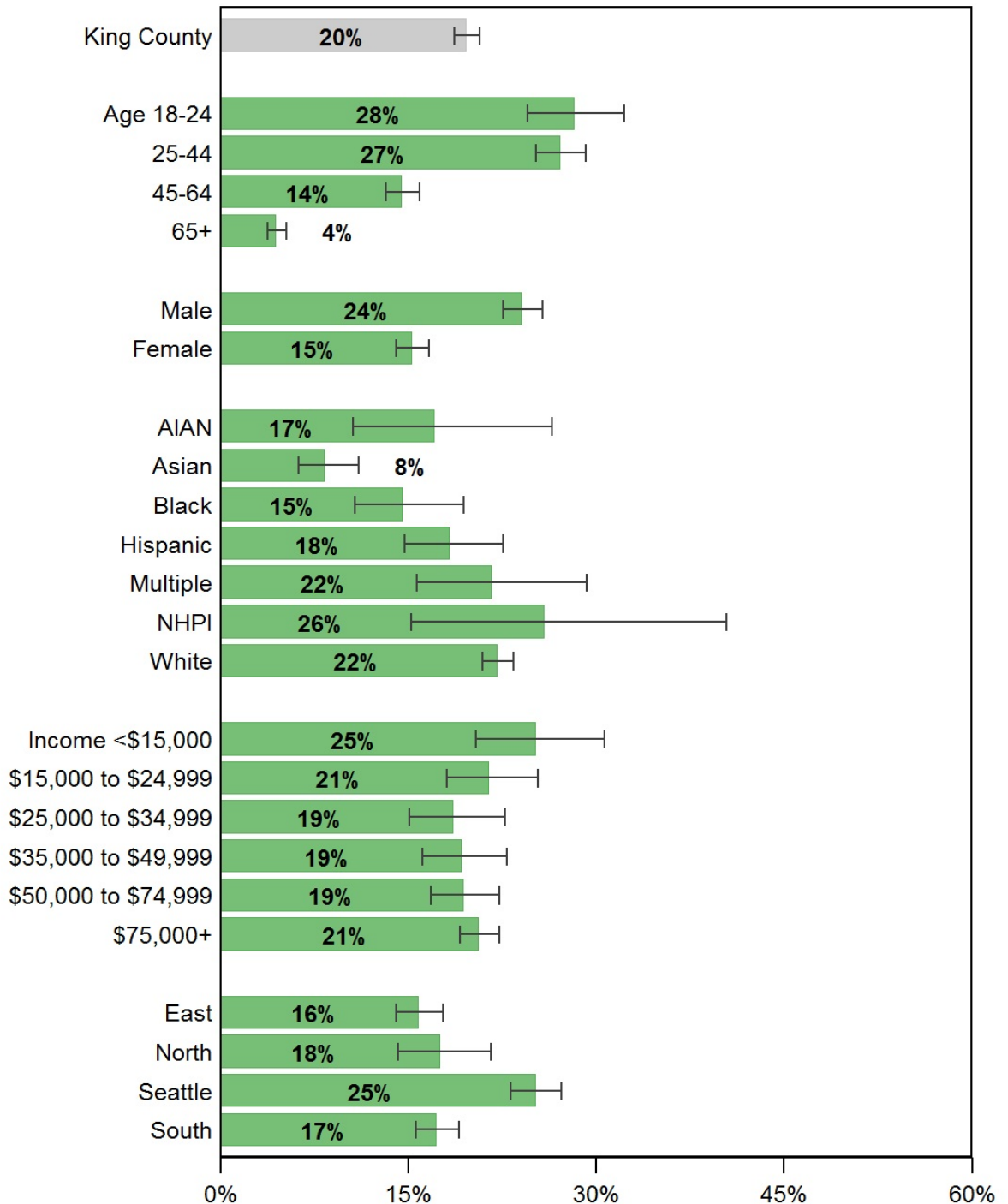
CI is 95% Confidence Interval.

\* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

## Binge drinking (adults) King County, 2009-2013 average



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|-----| Confidence interval shows range that includes true value 95% of the time.

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## Binge drinking (adults) by comparison areas

The Healthy People 2020 Objective for binge drinking (adults) is 24%.

	Latest Available Year	Percent	Lower CI	Upper CI
United States	2012	17	N/A	N/A
WA State	2011	18	17	19
<b>King County</b>	2013	20	18	22

### Notes:

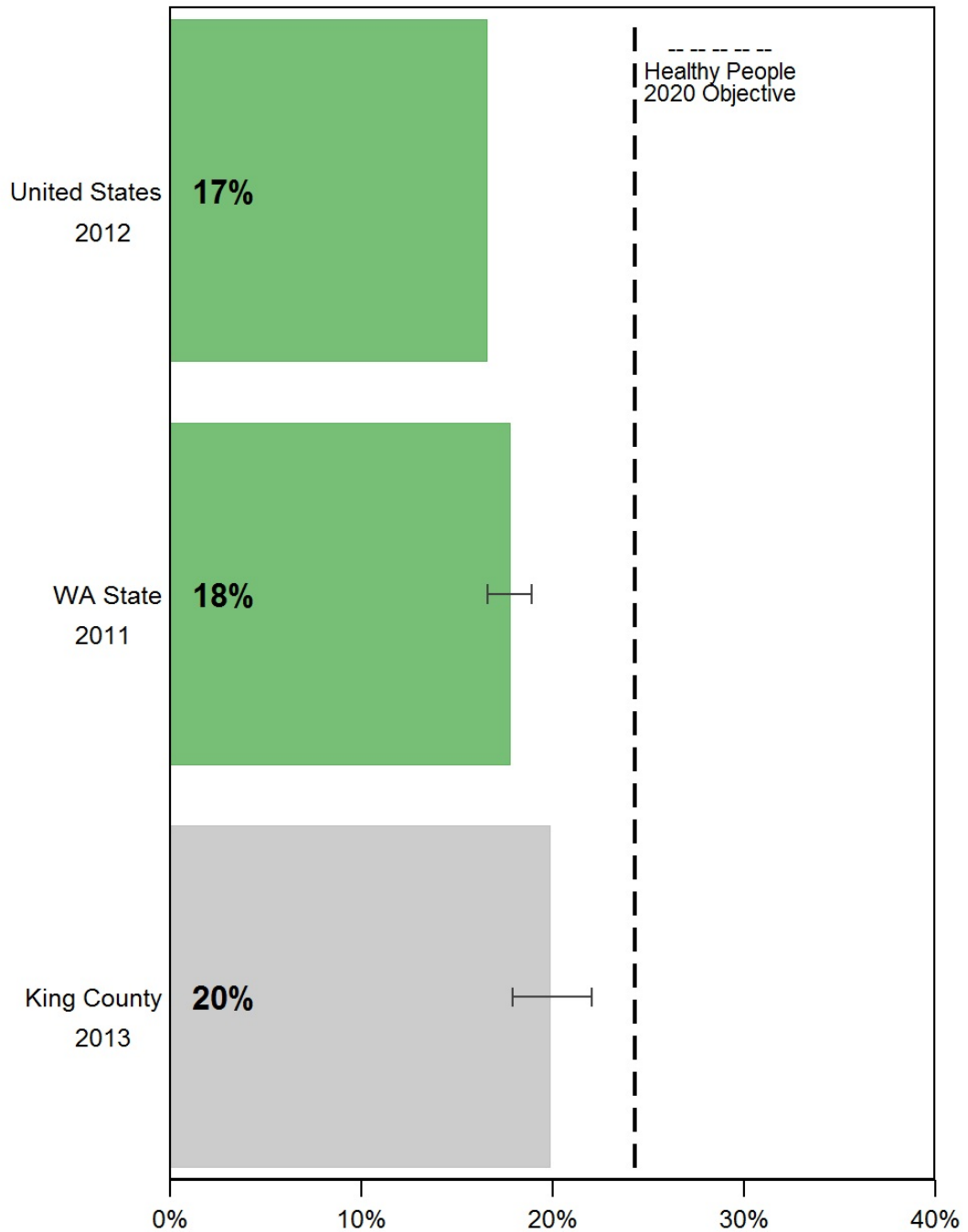
Source: Behavioral Risk Factor Surveillance System.

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N/A: Not available.

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## Binge drinking (adults) by comparison areas



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Prepared by Public Health - Seattle & King County, APDE, 01/2015.  
|-----| Confidence interval shows range that includes true value 95% of the time.

# Binge drinking (adults) by health reporting areas, King County, 2009-2013 average

	Percent	Lower CI	Upper CI
<b>King County</b> (adults age 18+)	20	19	21
Auburn	19	13	26
..Auburn-North	18	12	28
..Auburn-South	19	11	31
Bear Creek/Carnation/Duvall	21	16	28
Bellevue	14	11	17
..Bellevue-Central	9	6	14
..Bellevue-NE	11	7	18
..Bellevue-South	17	12	25
..Bellevue-West	18	12	26
Black Diamond/Enumclaw/SE County	20	13	29
Bothell/Woodinville	13	7	22
Burien	17	12	23
Covington/Maple Valley	24	18	32
Des Moines/Normandy Park	26	18	35
East Federal Way	15	9	24
Fairwood	19	11	30
Federal Way	20	15	26
..Fed Way-Central/Military Rd	19	13	27
..Fed Way-Dash Point/Woodmont	21	13	32
Issaquah	14	9	22
Kenmore/LFP	17	11	24
Kent	12	9	16
..Kent-East	13 §	7 §	22 §
..Kent-SE	13	9	18
..Kent-West	12 §	6 §	21 §
Kirkland	19	15	24
..Kirkland	23	17	30
..Kirkland North	14	9	20
Mercer Isle/Pt Cities	13	8	18
Newcastle/Four Creeks	12	8	19
North Highline	15 §	7 §	27 §
Redmond	13	8	21
Renton	13	10	17
..Renton-East	10	7	16
..Renton-North	13 §	7 §	23 §
..Renton-South	15	10	22
Sammamish	14	8	22
SeaTac/Tukwila	19	12	28
Seattle	25	23	27
..Ballard	28	22	36
..Beacon/Gtown/S.Park	18	12	27
..Capitol Hill/E.lake	34	26	43
..Central Seattle	24	17	32
..Delridge	22	15	32
..Downtown	36	28	45
..Fremont/Greenlake	28	21	36
..NE Seattle	28	22	34
..North Seattle	15	11	21
..NW Seattle	21	15	29
..QA/Magnolia	31	24	39
..SE Seattle	15	10	22
..West Seattle	20	15	26
Shoreline	22	16	28
Snoqualmie/North Bend/Skykomish	16	11	23
Vashon Island	16 §	8 §	28 §

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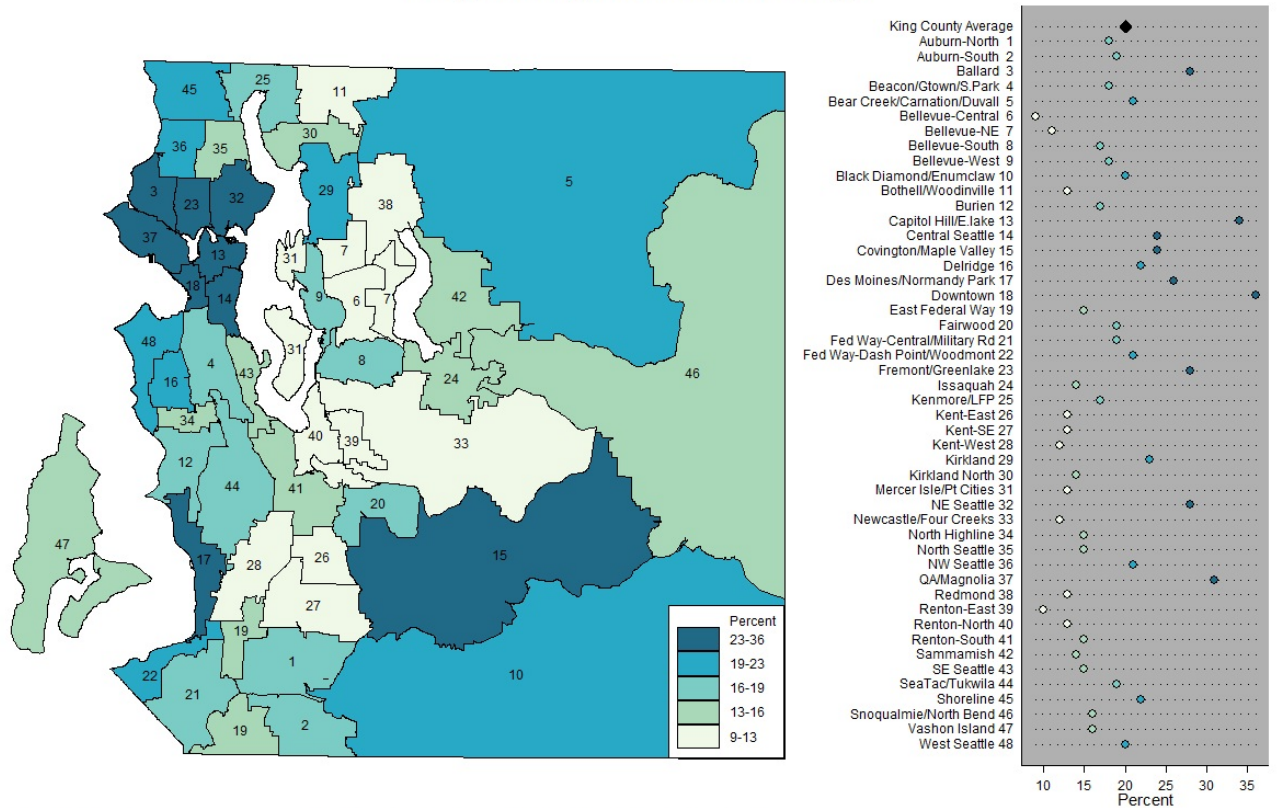
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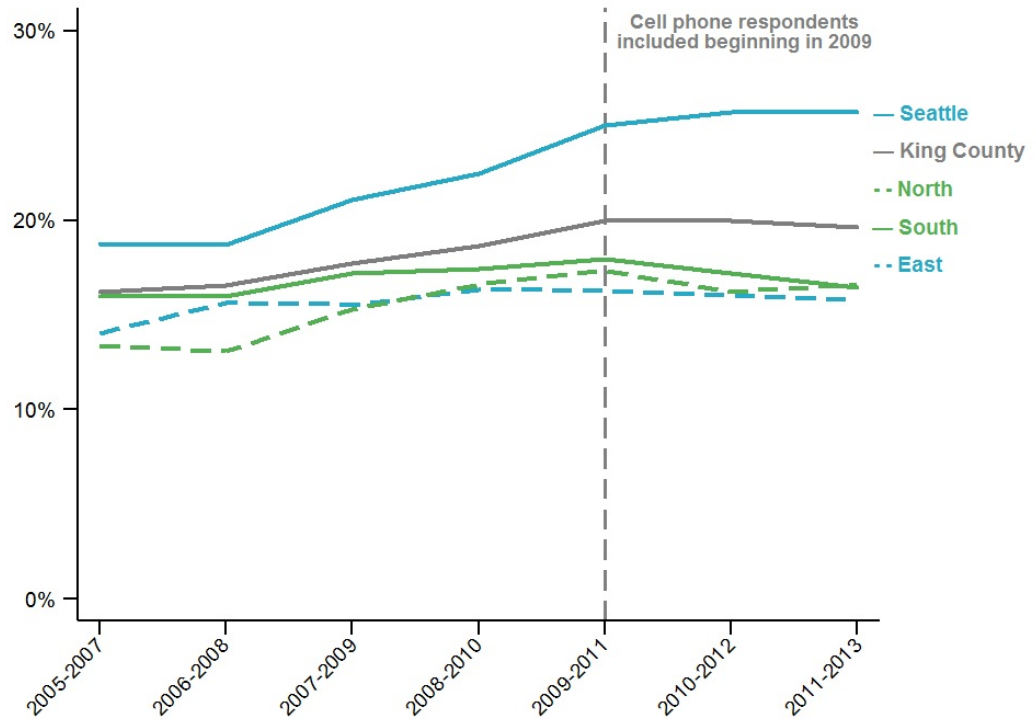
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## Binge drinking (adults) by health reporting areas King County, 2009-2013 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order  
Source: Behavioral Risk Factor Surveillance System.  
Prepared by Public Health - Seattle & King County, APDE, 01/2015.

# Binge drinking (adults) King County, 2005-2013, three-year rolling averages



Source: Behavioral Risk Factor Surveillance System.  
Prepared by Public Health - Seattle & King County, APDE, 01/2015.

Produced by the  
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Public Health - Seattle & King County  
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King County  
Hospitals  
for a Healthier  
Community